



Winter Menu 2021



W e e k O n e		<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	<u>Breakfast</u>	Toast Cereal	Toast Cereal	Toast Cereal	Toast Cereal	Toast Cereal
	<u>Lunch</u>	Mediterranean Vegetable and Beef with Cous Cous	Creamy Paprika Chicken Pasta	Minced Beef and Onion, Vegetables and Potatoes	Fruity Chicken Curry and Rice	Jacket Potato with Corned Beef and Beans
		Fruit	Fruit	Fruit	Yoghurt	Fruit
	<u>PM Snack</u>	A variety of freshly prepared snacks are available throughout the week				
	<u>Afternoon Lite Bite</u>	Coriander and Mango Pasta	Chunky Winter Vegetable Soup	Macaroni Cheese	Fishfingers and Spaghetti	Spicy Beef Pasta
		Yoghurt	Fruit	Apple & Cinnamon Oatmeal Cookies	Fruit	Chocolate Cup Cake

W e e k T w o		<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	<u>Breakfast</u>	Toast Cereal	Toast Cereal	Toast Cereal	Toast Cereal	Toast Cereal
	<u>Lunch</u>	Cheesy Chicken and Broccoli with Orzo	Barley and Vegetable Soup	Gammon and Pineapple with Vegetable Rice	Tuna Pasta Bake	Spaghetti Bolognese
		Fruit	Yoghurt	Fruit	Creamy Rice Pudding	Fruit
	<u>PM Snack</u>	A variety of freshly prepared snacks are available throughout the week				
	<u>Afternoon Lite Bite</u>	Ravioli on Toast	Cajun Chicken with Tortilla Wraps	Chicken and Noodle Soup	Vegetable Curry and Rice	Hashbrown, Cheese and Beans
		Sultana Biscuits	Fruit	Fruit	Fruit	Yoghurt

W e e k T h r e e		<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	<u>Breakfast</u>	Toast Cereal	Toast Cereal	Toast Cereal	Toast Cereal	Toast Cereal
	<u>Lunch</u>	Coconut Fish and Leeks with Potatoes	Chilli Con Carne and Rice	Chicken and Mushroom Crumble	Pork, Roast Potatoes, Vegetables and Gravy	BBQ Chicken and Rice
		Fruit	Fruit	Yoghurt	Fruit	Jelly
	<u>PM Snack</u>	A variety of freshly prepared snacks are available throughout the week				
	<u>Afternoon Lite Bite</u>	Tomato and Basil Pasta	Vegetable Fingers and Spaghetti	Sausage and Tomato Pasta	Creamy Leek and Potato Soup	Ham and Mushroom Tagliatelle
		Yoghurt	Banana Cake	Fruit	Fruit	Fruit

*Vegetarian choices available each day

*All Dietary requirements can be catered for



